

Addiction & Mental Health Services | services de lutte contre les dépendances et de santé mentale Kingston Frontenac Lennox & Addington

Position: Clinical Counselor **Competition Reference:** 2019-19-KFLA

Structured Therapies

Vacancies: 3 Hourly Rate: Pay Band 7

\$31.87 - \$37.00

Job Status: Permanent Full Time

Location: Kingston **Union/Non-Union:** OPSEU Local 489

Job Summary:

The Clinical Counselor provides evidenced informed individual and group psychotherapy for those living in the community with serious mental health issues. Therapeutic support includes assessment of assigned clients in association with the client, development and implementation of a brief structured treatment plan. Treatment plans will address identified issues relating to emotional dysregulation and management, cognitive, and behaviourial disturbances. All services are provided in accordance with the mission, vision values and established protocols of the Agency.

Minimum Qualifications:

- Master's Degree in Clinical or Counselling Psychology; Social Work or Occupational Therapy
- Unrestricted Registration with the relevant college related to the Master's Degree and controlled act of Psychotherapy
- Minimum two years post-graduate experience working with individuals with serious mental health issues providing direct therapeutic intervention
- Expertise in group counselling
- Knowledgeable in trauma informed therapies, and working from a client-centered focus
- Experience working with at least one of the following therapeutic modalities: CBT, DBT, Narrative
- Certification in First Aid and CPR
- Ability to work flexible hours, including some evenings and weekends
- Experience working effectively within an inter-professional team

Knowledge, Skills and Abilities:

- Knowledge of and ability to apply discipline specific principles and practices to individuals who live with serious addiction and/or mental health challenge, within a client-centred approach
- Demonstrated in-depth knowledge of addictions and mental health symptoms and issues, along with evidence-based treatment, including psychotropic medications and associated side effects
- Knowledge of and ability to incorporate best practices in community support for individuals living with an addiction and/or mental health issue
- Assessment and crisis intervention skills with broad knowledge of crisis stabilization
- Advanced clinical reasoning and decision-making skills
- Ability to effectively utilize community resources and supports to meet the needs of individuals
- Ability to work under pressure within a changing environment
- Working knowledge of the Health Care Consent Act, Mental Health Act, Personal Health Information Protection Act, and other relevant legislation
- Excellent communication and interpersonal skills in order to effectively engage community services and individuals, increasing awareness of services
- Well-developed problem-solving, prioritization and conflict resolution skills
- Basic proficiency in computer skills; MS Office required
- Required to provide a satisfactory criminal and vulnerable sector reference check prior to hire
- Ability to work flexible hours, including evenings and/or weekends
- May be required to have a valid Ontario Driver's License and have regular access to a reliable vehicle and provide proof of adequate vehicle insurance (depending on location)

Please submit a resume and cover letter as one document only quoting Competition Number 2019-19-KFLA

Email: amhs.careers@amhs-hpe.ca

AMHS-KFLA strives to be a diverse and inclusive workplace. We encourage applications from all candidates who would contribute to the diversity of our community enhance our ability to provide quality services to our clients.

We are committed to accessible employment practices. If you require an accommodation to fully participate in the recruitment and selection process, please inform Human Resources to discuss your individual accessibility needs.